

## GREETINGS:

I apologize for taking an extra day to send out the astrological outlook for April. As I navigate this BRAVE NEW WORLD of total uncertainty and creative change, I needed an extra day to find my balance so I could communicate the astrological GPS with greater clarity. Fortunately, after a nine-hour sleep with the windows open for fresh air, I found my first blooming gardenia as I looked out my back door. It sits with me as I write, fragrant and full of memories of my childhood sitting under my mother's huge gardenia bushes during their bloom cycle. I hope your life is full of peace, fragrance and music, as it calms the soul.

All astrologers have known for decades that 2020 would bring overwhelming challenges and opportunities, but no one could have truly imagined a worldwide pandemic and a worldwide financial shutdown. We pondered what new challenge would occur when powerhouse planets Saturn and Pluto joined together in the sign Capricorn on January 12th. Now we know that as individuals, our lives are part of a larger collective circle of being, a form of divine entanglement which provides new ways to connect and care for ourselves and others. The last two days of March 2020 brought the powerful planet Mars to the end of its rope as it joined with Saturn in Aquarius, beginning the fast track to the second phase of the Aquarian Age, the first being in 1960. We are in for revolutionary creative change and opportunities for a truly brave new world.

April is full of many days of changing focus, so I feel that the most helpful thing for me to do this month is to give you a list, in chronological order, of the dates, themes and lessons for us to master in April. Here goes:

April 3<sup>rd</sup>, Venus, the planet of love and attachment leaves Taurus and enters the air sign Gemini, which symbolizes our brain with its extrovert/introvert nature, as well as all of its polarities: feeling and thinking, talking and listening. The task is to find balance between these twins. As many of you know I am blessed to have twin grand darlings who turned 20 in March. They are mirror twins and FABULOUS, and like all of the children in my family, secretly lab rats for my behavioral science self. They speak several times daily to one another, sharing everything with one another. I finally realized that the habit they share is why they are so happy and healthy. We should take advantage of self-talk several times daily and find growing buddies to speak with each day so we can process our inner as well as our outer selves. We will have ample time to master this task, as Venus remains in Gemini till August 8th, over 3 months longer than usual.

April 4<sup>th</sup>: The first of 3 times giant, generous Jupiter joins with Pluto in 2020. Jupiter provides a magnifying glass on the conditions we have unearthed since January 12. Fortunately, the asteroid Pallas joins this duo making a 3-part harmony possible. Pallas (Athena) was the goddess of wisdom, and her influence allows each of us the opportunity to find the meaning in our lives and our circumstance. Since this is a three-act play (June 29 and November 12), we will have an extended time period to grow and change this year. It is a year for the bold and the brave to prosper. Fortunately, on April 4th Venus and Saturn form a supportive triangle in air signs, which should stabilize our thinking if we sign up for that assignment.

April 7<sup>th</sup>: Mars, the action planet which is often aggressive, and Uranus, which is always a surprise and electrifying, square off. This is a day to find peace and avoid conflict within yourself and with others. The desire to be impatient, impulsive and emboldened is almost irresistible on this day. Avoid potential showdowns and practice calming thoughts. Remember, this is a time to find your neutral and stay in the present. It is not a time to react but to observe. If that were not enough, we have a volatile Full Moon in Libra which involves the Sun in Aries, putting on an emotional relational bridge requiring us to seek a

balance between our personal needs and those of others. The planets Pluto and Jupiter in Capricorn create a T-Square which is the symbol for a 3-legged table and therefore almost impossible to balance without the 4<sup>th</sup> leg which is the traits of the sign Cancer (the mother principle of kindness, caring and compassion for one's self and others). Don't be surprised if you have a good cry at this time. Don't resist the tears as they are a healing balm for the soul and always symbolize a turning point. Thankfully Venus, Saturn and Mars are in good alignment (agreement) in air signs, giving us all an opportunity for a learning experience as life turns up the volume on our feelings.

April 12<sup>th</sup>: Mercury, the messenger of our thinking and communicating functions, moves into Aries, the sign of direct and honest hold nothing back communication. The message for all of us is GO FOR IT, which is the name of a fabulous book by Irene Kassorla. Time to re-read it if you need a reminder to get going and hold nothing back since you have nothing to lose. We will have this pattern until April 28.

April 14<sup>th</sup>: The Sun in fiery Aries is influenced by its combustion with Pluto in Capricorn which brings us to a point of clarity and then a point of expansion as the Sun reaches a meeting with Jupiter. Issues that have been simmering could boil over. It is time to face fears and move forward with determination.

April 20<sup>th</sup>: The Sun in earthy fixed sign Taurus squares off with Saturn in fixed air sign Aquarius bringing definition to a new evolutionary path, while stimulating fear for many of us. Time to find the courage to move forward and adapt: feel the fear and do it anyway (the title of another great book by Susan Jeffers).

April 22<sup>nd</sup>: The New Moon in Taurus arrives with determination to fulfil its plans and succeed. With wild ride planet Uranus joining the New Moon, insight and inventiveness are guaranteed: sleep, not so much. Ideas come easily when we look at our problems with new solutions which are outside any box we have ever seen. Doors open within and without our reality and our intuition is super strong at this time. Make a plan to move forward. Many of us will experience a bolt from the blue, a flash of genius, true inventiveness. There is extra tension around change, but also extra creativity.

April 24-25<sup>th</sup>: Mercury/Pluto square off offering the opportunity to struggle mentally. Resist the temptation to express this tension verbally unless you are releasing to a counselor or writing in a journal. On 4/25 the powerful planet Pluto changes its forward movement to review, revisit and revise its direction. Until October 5, we will simmer and deepen our awareness and understanding and be ready to move forward with passion and intention. Use this time wisely to deepen your understanding.

April 26<sup>th</sup>: The Sun in Taurus combines its power with Uranus for only the second time in 84 years. This is a formula for change and surprise so schedule some quiet time to see what your inner life wants to reveal to you. Change is on the way in a manner you never imagined. On April 22, 2019, the last time these planets came together planet earth was rocked by earthquakes and explosions, symbolizing the planet Uranus's tendency to rattle our nerves and keep us off balance. For some of us Uranus brings literal out of balance experiences so be careful physically.

April 28<sup>th</sup>: Mercury enters Taurus, making it easier to calm down mentally and make firm decisions wisely, especially since it connecting to wise, steady Saturn now in forward thinking, inventive Aquarius, making us both practically and progressive

April 30<sup>th</sup>: Mercury in Taurus joins super creative, inventive Uranus bringing electrifying energy which will allow us to take a big leap forward.

AND NOW THE WILD RIDE OF APRIL ENDS.

The task for April for each of us is to let our light shine individually so we bring light to our collective humanity. It is time for extreme self-care, strengthening our minds, and finding time to laugh. My great friend and mind body teacher Dr. Otis Thomas used to write me prescriptions for laughter and a light heart. When he died, I found a rock that says "laugh", which I keep in clear view with my "joyful red jar" and my decorated gift box which contains the gifts I have to be grateful and to share. Find something that makes laugh out loud this month. I found mind when I put my Easter decorations out on Sunday evening. I have a quacking pink furry duck that still quacks loudly when I push its button. I need to keep it out all of 2020.

I am available for consultations by phone and Skype, or if you are practicing safe distance habits, in person in my office. WE ARE ALL IN THE SAME BOAT SAILING TOWARD A BETTER LIFE.

WITH JOY, LOVE, PERSISTANCE AND COURAGE, AND GRATITUDE,

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