

GREETINGS:

The second half of August is a reflection of what we have experienced and learned during the powerful 3-part eclipse season (7/12-8/11). Since much of the attention was on the fire function of Leo, the path of the heart, the lesson for each of us was to regulate our fire (energy). We have the power to regulate our energy: when it is low we can rest, recreate and regenerate as we "cool our jets". We can direct our energy into creative, rather than destructive outlets. There is a Hindu goddess named Kali that is an example of holding the space firm between creativity and destruction. This is an example we all can follow with consciousness, time and practice. This has been a time to build fires within using reflection, contemplation, communication and inner imagination (creative visualization). As the planets move back into forward movement between 8/19 and 9/6, all the work we've done since the shakeup in our lives last December will pay off so we can see the results and breathe easier and look forward with optimism.

When Mercury moves back into forward motion on 8/19, we will find that slowly our minds are clearer, electronics work more consistently and there is not so much disruption in our personal lives. This is a great sign of what is to come, as the long-term motion of Jupiter in Scorpio and Neptune in Pisces completes a positive triangle in water signs, bringing back still waters to the tsunami we have experienced for the past year. We may experience emotional intensity, but the wisdom water conveys if we accept it may increase our compassion and acceptance as well as giving us a new perspective on what was, what is, and what will be. The purpose of this dance of the last 10 months was to help us release our attention to drama and remove all people and situations that bring toxicity into our lives. It is time to float in a big ocean of possibility with hope, trust and joy.

On 8/23 the Sun moves into earthy, helpful Virgo, the engineer that can solve our problems and redirect our attention to taking excellent care of ourselves first. Shortly thereafter the supportive energy of Saturn in Capricorn and Uranus in Taurus load the bases and stabilize us in important new ways (8/23-25). We need to review and revise the forms in our life that are not working. This is particularly true for health, wealth and responsibilities to ourselves and others.

On 8/26 we have the first Full Moon since the eclipse cycle ended as the Sun in earthy Virgo dances with watery Pisces. This combination urges us to balance the practical and magical in our lives, allowing us to find or rediscover equilibrium. It is also a time to come up with new solutions and/or find help from others. Since the Sun in Virgo is balanced with Saturn in Capricorn and Uranus in Taurus, it is natural to look backwards for insight and forward. Saturn urges discipline and practicality and Uranus helps us to tap into our inner genius and expect the unexpected. This is truly a time of sudden insights and quick resolutions. We are urged to find a cooperative way forward that lets us live passionately as well as co-exist harmoniously while being aware of our limitations and boundaries in our relationship lives.

On Monday August 27 the red planet Mars moves back into action after 2 months being out of bounds and backwards for 2 months. Since Mars will occupy hard working Capricorn until its re-entry into Aquarius on 10/7, we will have an active 6 weeks of making up for lost time. This momentum will pick up further on 9/6 when Saturn (the planet of business which rules Capricorn) will move forward as well and life may take on a fast and furious productivity rhythm. All of us will find the motivation to take care of existing projects, put out the fires in our lives, and improve our diet and health habits. It is time to channel our energy into progress with extra strength and endurance. The only wrinkle to be aware of is a square from Mercury in Leo to Jupiter in Scorpio on 8/28, which may be only a hissing noise or a solar flare. Shortly thereafter Venus in Libra runs into realistic Saturn in Capricorn which will put a wet blanket on any tendency to overreact. We end the month of August with a holiday weekend as we get ourselves ready to roll in September.

If there is anything I can shed light on for you at this time, with astrological and/or psychological truths, please let me know. It is time to release and exhale as life is going to get more interesting in the last 4 months of 2018. Fortunately for many of us that will be a better situation.

WITH LOVE AND GRATITUDE,

NAN