

AUGUST ASTROLOGICAL TRENDS

GREETINGS:

After all of the unbelievable challenges and changes of July, I am happy to report that we can expect relief from the effect of Mercury retrograde during the month of eclipses (in case you forgot, JULY 2019). We all have a 3-month period, ending on Halloween (10/31/19) before trickster Mercury moves backwards, during which we can accomplish much of what we deserve and desire using the skills of patience and persistence. Since July ended with a wonderful New Moon in Leo one of 3 Super Moons in a row, the best plan is to begin channeling the fire of Leo creativity, optimism and joy into a steady pace of progress.

The first 2 weeks of August invite us to leave the past behind and move forward with confidence and boldness. On 8/15 we have a brilliant Full Moon in Aquarius, and on 8/23 the Sun moves into earthy, practical Virgo. The combination of fire and earth in August is somewhat like an earth moving object with unlimited fuel.

In July I was interviewed by a young reporter on the interesting subject of the spiritual nature of the Moon and the significance of the not very well known fact that Buzz Aldrin had communion on the Moon. Read her fascinating article here: <https://theoutline.com/post/7718/lunar-communion-50th-anniversary-moon-landing-webster-presbyterian>

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With the Sun, Mars, Venus and Mercury in Leo much of this month and generous, optimistic Jupiter moving forward in its own sign Sagittarius (8/11), this is the period of the “dog days of summer”, named for Sirius, the brightest star in our night sky, and the Sun in Leo, symbolizing the powerful solar energy radiating at this time. The Sun and Jupiter make a gorgeous supportive trine on 8/7. Plan to succeed on this day so mark your calendar accordingly. On 8/14, the Sun and Venus join together in Leo, making this a wonderful time for getting together with those whom you truly love and admire. Confidence shines on 8/20 as the Sun in Leo makes a gorgeous triangle with the Moon in fiery Aries. Take on any challenges at this time. On 8/23 the Sun enters problem solving, detail-oriented Virgo and gets added insight on 8/28 as Uranus and the Sun form a supportive, creative triangle.

With Mercury finally moving forward quickly once more, our emotions will become stable as Mercury enters Leo on 8/11, leaving the lunacy of Moon ruled sign Cancer. A flash of insight is possible on 8/16 as Uranus commands our attention with a new way of thinking. On 8/21, Jupiter joins Mercury in an expansive and optimistic triangle. On 8/29 Mercury enters detailed thinking Virgo for a month of putting our lives back together with skill.

Venus, our planet of values and attachments begins August in Leo, offering us a clear picture of what we need for ourselves, as well as what we need from those we love. On 8/2 Uranus may give us a glimpse of what we have not faced, and on 8/8 Jupiter brings peace and optimism to our relationships with others, as we are confident of our own needs. On 8/26 Venus enters Virgo, where we will begin to focus on the details in our lives. If there is a problem, now is the time to begin working on it in earnest.

Energetic, confident Mars remains in Leo until 8/18. Make the most of this time of unlimited, wild creative energy and live boldly and with enthusiasm. On 8/18 Mars enters Virgo where it is a problem-solving

engine of success. On 8/28 Mars and Uranus form a pattern of strength and originality so if you are stuck, this is the time to solve problems in new and unusual ways.

Full Moon in Aquarius (8/15/2019)

With the Sun, Mercury, Venus and Mars in Leo opposite the Moon in Aquarius, there is a real tug of war internally between what our personal needs and desires tell us and what others may consider necessary. Full Moons are symbols of the tension of opposites, what Jung referred to as the "Shadow". For some the yearning for belonging (the heart's desires) may be in opposition to what others in our personal life would willingly choose for themselves. This is a time for finding a better balance between our personal needs and meeting the demands of others. At its best, this is a time of celebration, so do not spend this time alone.

New Moon in Virgo (8/30/2019)

Look forward to a practical, healing New Moon in Virgo, with help from Mercury, Mars and Venus, as they interact with the Sun and Moon. If you are attempting to bring healing energy to any part of your life, this is a red-letter day to discover new information which will help solve your problems. It may come to you through your own efforts, or through chance meetings with others. This begins a 28-day period of steady progress forward. Pay attention to details and take care of your physical body.

I wish you much enjoyment and relief in August. After the most challenging month of July, we all need a break so we can take a breath and reboot our minds, hearts and bodies. If I can be of help, please let me know. I would be honored to help you keep moving forward.

WITH GRATITUDE, FORTITUDE, JOY AND LOVE

NAN