December 2022 Astrological Outlook

GREETINGS:

I hope you enjoyed a great Thanksgiving with friends, family and a great meal. The energy of the New Moon in Sagittarius on **11/23** set the tone for December, with the Sun, Venus, and Mercury in Sagittarius, ushering a month of introspection, hope and discernment, as well as a desire to "make merry", as Jupiter the ruling energy of Sagittarius would say. Since Jupiter began his forward movement shortly after the New Moon, in the last two degrees of Pisces, we are closing the door to the patterns which began in 2021. Now we can prepare for a better future as Jupiter closes the door on the last sign of the Zodiac (Pisces), completing 12 years of growth.

December begins with the planets Venus and Mars attempting to urge us to merge as a pattern of intensifying desire occurs (12/1) as they face off, creating tension between head and heart. The next big energy surge occurs on 12/4 as Neptune makes a turn forward after months of confusion allowing our minds to be more serious and steady. The Full Moon in Gemini on 12/8, with Mars in tow, intensifies the possibility for thought and communication to explode. It is time to practice patience instead and have a list of ways to cool down before you speak.

As December continues (12/9)

Venus moves out of the fire into the energy of Capricorn, where she will dwell until early January. Our assignment is to clarify what we love and value. It is time to review our relationships and evaluate the degree of balance and reciprocity they provide. It is time to heal our attachment wounds so relationships can provide more nourishment.

The next opportunity for growth occurs after the Sun and Neptune square off (12/14) and Jupiter returns to Aries (12/20) until 5/23, encouraging us to take risks and leap ahead, especially with new endeavors which always seem a bit frightening, since we grow by moving through the unknown. With Jupiter in action fire sign Aries there is increased momentum to act and develop courage.

December 21st, the day of the Winter Solstice in the Northern Hemisphere, brings a change of seasons and a celebration of the return to light as the days get longer and the nights get shorter. I have been told that this day is the strongest energy vortex of the year. It is a powerful time for setting intentions and getting together with others for healing rituals. As we shift our consciousness with the Sun moving into the 0 degree of Capricorn and Jupiter in the 0 degree of Aries, we are infused with a life force which provides exuberance, excitement and a willingness to take risks while at the same time we are steadied by the stability of the Sun, Venus, Mercury and Pluto grounding us in Capricorn. Thereafter, Venus and Uranus move into a pattern of breakthrough energy (**12/22**) before the Super New Moon in Capricorn on **12/23**. At this New Moon the energy of Jupiter allows bigger goals to emerge.

Finally, Mercury and Venus join together in Capricorn (12/29), increasing our awareness of what is true for each of us and the need for strategic thinking so we can realize our goals. This is especially imperative since Mercury goes retrograde on 12/29 and disrupts planning for the next few weeks. With Venus joining Pluto in Capricorn there is a need for reflection, review, and recalibration. We need to put the focus on love, money, and our values, as well as a clear vision of who we are and what we want. These tasks are essential since Mars, now retrograde in Gemini, is out of bounds. When Mars is out of bounds it can trigger a war of words over concepts and meaning. It is easy to think fast while Mars is in Gemini, but it is easy to be off base. It is like being on a treadmill needing to harness energy so we can be steady, blending logic with our heart.

Wishing you a joyous holiday season in this month full of growth, adventure, productivity, new ways of doing things, and unlimited opportunities. It is a time to be bold, compassionate, and courageous. I will be in the office all of December and am available for in person and telephone consultations.

I am happy to announce that I will continue the rollback of my fees for December consultations and gift certificates for you, your friends and relatives. The gift certificates are good for 12 months. So many people enjoyed this offer, and I am so grateful for your support for 52 years of my practice of psychotherapy/astrology that it is my honor to make it more affordable for you to grow in depth and consciousness.

HAPPY HOLIDAYS TO EVERYONE: WISHING YOU PEACE, WELLNESS, JOY, ABUNDANCE AND OPPORTUNITY!

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