

GREETINGS:

December is a hybrid month with the fiery Sagittarian energy of hope, where all things are possible, moving into the realistic, pragmatic, earthy energy of Capricorn. This has been a challenging year for everyone I know. The astrological pattern of Pluto moving to the end of Capricorn (**1/21/24**) has brought unexpected events in 2023. The opportunity to release fear is one we are all working on in different ways. I was taught that FEAR is false events appearing real, or an overactive imagination gone negative. This is a time for each of us to develop extreme self-care, including using all the tools available to create positive growth. I don't know about you, but the time committed to inner work is essential in December. The first 12 days of December are full of change and opportunity. On **12/1** Mercury moves into Capricorn, bringing us maturity and a big dose of reality before he moves in the opposite direction from **12/12/23-1/2/24**. When planets go backward, we enter a period of review and revision. Mercury is our planet of thinking and communicating, so don't be surprised when you have new thoughts and awareness after **12/ 12**. The planet of relationship, Venus, enters passionate Scorpio on **12/2** and remains in the deep waters of intensity until **12/29** when she enters the fiery, bold, anything goes sign Sagittarius until **1/23/24**. December is a great time to review and revise your tools for growth. Recently, I watched some of my appearances on PBS which are now on YouTube, and it might be helpful for you to choose one or more of them to view.

- Finding the right mate on Living Smart with Patricia Gras (5/12/2010)
- Patricia Gras and Nan Hall Linke: Pearls of Wisdom (2/8/2016)
- Dealing With Toxic People on Passion Time with Patricia Gras (5/29/2016)
- Nan Hall Linke on Living Smart: Communication Skills Between the Sexes (7/21/2010 or 7/25/2012)

MAJOR TRENDS IN DECEMBER:

TWO RETROGRADE PLANETS (NEPTUNE AND JUPITER) MOVE FORWARD:

The energy of change and growth intensifies when planets move forward, releasing us from the familiar. In December Neptune re-enters the mix on 12/6, after a 6-month retreat. Neptune is the planet of creativity, intuition, and magicianship. The forward movement of Neptune for the next 6 months will increase intuition and synchronistic events, as well as bringing amazing creative energy. At month's end giant, generous Jupiter moves back into action on **12/30 – 12/31**. Jupiter unleashes opportunity and good fortune and since he is moving in earthy Taurus, our opportunity for our values to become more expansive, joyful and positive about the future will be calling us. Jupiter and Neptune both are full of imagination so use their energy to focus on positive affirmations and talk yourself into the positive way of looking at life and your place in it. I got out my CD of positive affirmations and listened to them before bed and first thing this morning. (*Health Journeys Affirmations for Mind, Body and Soul by Belleruth Naparstek*). This tool has helped me for decades. It creates enantiidromia in my consciousness. Enantiidromia is a Greek word that means the tendency of things to become their opposite. Jung labeled it the Shadow. The first three weeks of December bring adventure and fun and a desire to broaden our perspectives. Both Mars and the Sun and dancing in Sagittarius urging us to make the most of every moment and seize opportunities without restraint.

NEW MOON IN SAGITTARIUS; MERCURY GOES RETROGRADE IN CAPRICORN ON DECEMBER 12:

The New Moon in Sagittarius opens up a cornucopia of opportunities to recognize our needs and desires and find greater ways to meet them. The New Moon is an opportunity to realign as we have a glimpse of a fuller picture of possibility. It is also a time to set new intentions consciously, especially while the Sun and Moon are joined in Sagittarius, the optimistic, magical energy sign. On **12/12**, Neptune is active and his intuitive, right brain energy may help us chart a new path to success. The New Moon is supported by the energy of the North Node in Aries, urging us to be brave and enter our challenge zone rather than stay in a comfortable position. It is time to open the doorway to new opportunities and use courage to explore the unknown. As the day ends Mercury begins his backward voyage in cardinal earth sign Capricorn for the next 3 weeks, running into the Sun as it enters Capricorn on **12/21**, the Winter Solstice. I think we all know Mercury retrograde is not a great time to shop for electronics, have elective surgery, talk too much, sign contracts, etc. It is time to observe and decide not to make firm decisions. **Mercury returns to Sagittarius on 12/29 and remains there until 1/14/24, moving forward on 1/2/24.** The period between **12/29/23-1/14/24** may lighten the mood, beginning a preview of the changes that will occur throughout January 2024.

WINTER SOLSTICE DECEMBER 21, 2023

For those of us living in the northern hemisphere, the shift of seasons occurs on 12/21/23 at 9:28 pm CST. The Sun enters Capricorn, and the Moon in Taurus is supporting the Sun, a combination that brings a feast of gratitude for all. For people in the Northern Hemisphere the Winter Solstice is celebrated as a return to light. The great mystic Dane Rudhyar said December 21, 0 degrees, is the most powerful energy point in the Zodiac. For many years, I offered Winter Solstice classes, since this is the most fertile to plant new seeds. If you need help with this task, let me know and we will create a ritual of release and rebirth together.

FULL MOON IN CANCER DECEMBER 26, 2023

The Full Moon in Cancer is a feeling moon feast since the Moon is the ruler of cardinal water sign Cancer. I always remind myself that feeling leads to healing, so this Full Moon is an opportunity to be present to your feelings and allow them to inform and heal you at year's end. Our senses and sensibilities expand, as intuition invites us into the inner world of feeling. This Full Moon is supported by Jupiter and Saturn, the two planets of growth. It is time to stand up for yourself and allow your heart to soften. Give your sensitive spots space to heal so they can become your strengths. Vulnerability is the underside of power. Shortly thereafter Venus begins her journey into Sagittarius adding spice to relationships and adding desire to have new experiences and break some of your routine. It is time to try new things and open your heart to a new way of relating to others.

I am continuing my reduction in my fees throughout December: 30 minutes (\$95); 1 hr (\$190) for all of my clients. If you want to buy yourself a gift certificate at that reduced price, it can be used throughout 2024. I suggest a gift certificate for those who are interested in astrology as well as inner growth and development. I can send an email gift certificate to your email. I will be available to help you and schedule your consultations throughout December. The December holidays often bring up unprocessed feelings from the past, especially with Mercury retrograde, so I will be available for consultations if you need support.

Again, thank you for the opportunity to grow with you for the past 52 years. It is an honor to share my experience and knowledge with you. After 80 years on planet Earth, experiencing the unexpected, getting so much valuable help from others, it is my joy to share with you. ***Have a wonderful holiday month and get ready to rock forward in 2024!***

HAPPY HOLIDAYS AND MAY PEACE, JOY, AND CELEBRATION BE WITH YOU AND YOURS,

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