

GREETINGS:

As we say farewell to 2018 and welcome 2019, my wish for all of us is abundant life and understanding and acceptance of the profound and unexpected changes which 2018 brought us. January is named for Janus, the Roman god who could look backward and forward at the same time. As the mystic Meister Eckhart said:

"And suddenly you know: it's time to start something new and the trust the magic of new beginnings".

That is our shared task and January 2019 will rev up our engines as Mars marches into Aries this evening and pushes us forward for the next 44 days, ending on 2/14. Using this energy is the gift we give ourselves this Valentine's Day. It has been years since we have had this opportunity, and I don't remember a year in the recent past which began with this type of fierce courage for change. In the words of Winston Churchill:

"Success is not final; failure is not fatal: it is the courage to continue that counts."

This is the January to practice creativity and courage in all matters.

MARS IN ARIES:

Mars in its home sign of Aries urges us forward and asks us to act in our own self interest, giving us courage to act and challenge ourselves and our existing conditions (limits). Watch the tendency to become "massive aggressive" and take better care of yourself. It is tempting to be impulsive and somewhat irritable, but strategy and a cool head are needed for the next 6 weeks. This is especially true on 1/8 when Mercury and Mars enter into a pattern of friction and power struggling. On 1/18 Venus in positive fire sign Sagittarius is in balance with Mars for clarity and diplomacy to prevail. On 1/21, shortly after the Super Moon Lunar Eclipse in Leo Mars and Saturn struggle for control of our minds: rules vs. freedom. On 1/25 Mars and Jupiter create a pattern of welcome release and relief as we come back into resonance. On 2/1 Mars and Pluto collide and struggle is inevitable.

TWO ECLIPSES IN JANUARY;

Partial Solar Eclipse New Moon in Capricorn (1/5-6)

This a powerful New Moon eclipse as it is joined by planets Mercury, Saturn and Pluto, also in Capricorn. If you have planets in Capricorn, this is a very sensitive time of change for you. as the 5 planets in Capricorn (stellium) act like a laser focus on what is out of sync in your life. Whatever disappointments, struggles and limits you are experiencing, now is the time to be realistic about your options and make a plan. To those who have planets in the other action signs Aries, Cancer and Libra, this is true for you to a lesser degree. This is a time of looking at the choices and their consequences. Fortunately the Sun in Capricorn is joined by Mercury bringing light and creativity to the awareness process. This is a time for awareness, perseverance and self mastery to prevail.

Total Super Full Moon Eclipse in Leo (1/20/21)

This powerful Super Moon in the first degree of Leo urges us to get out and achieve bringing us into a supercharged time of desire to express our best selves, particularly to those with planets in Leo, and to a lesser extent Aquarius, Taurus and Scorpio. Since the Sun has entered Aquarius on 1/20, and the Moon touches the Cancer North Node of future progress on the way to her encounter with the total eclipse, we experience a powerful square of Venus in Sagittarius and Neptune in Pisces, causing us to question what we believe and whom we trust. It is time to look forward and not backward and let the intuitive messages at this time enter our awareness so we can make our future plans. Things not seen will come to light and emotions flow freely with this Full Moon. Combining with a Mars/Saturn pattern that says go fast and slow at the same time, we all may feel a bit of instability and doubt. Trust your intuition if you can still your mind and allow it to speak to you.

ACTIVE PATTERNS OF THE SUN IN JANUARY;

January begins with the Sun in Capricorn joining its ruler Saturn, for a serious, sober look at life as it really is. This is a no-nonsense day which occurs once a year so make time for reflection and a clear look at your inner reality. On 1/11 it will be difficult to ignore the joining of the Sun's energy with Pluto, lord of the underworld, and the architect of power struggles. This also occurs one day each year and we will discover how power is used in our lives with either malice or wisdom. On 1/18 the Sun and rebellious Uranus square off bringing unexpected events and thoughts. This is the last time we will experience this combo from Capricorn to Aries for the next 77 years. Stay aware and awake for the messages and awareness it brings. Finally, on 1/29 the Sun in Aquarius joins the Sun, helping us to conceive original ideas throughout the day.

As we experience the powerful energy of January, with Mars, Saturn and Jupiter in their home signs, we are in a powerful time of flow and awareness, especially after Uranus, the last of the planet in retrograde, goes forward on 1/6. We are in the most powerful time at the beginning of the year. Get ready and pay attention to the opportunities which arise on or near 1/22, as Venus and Jupiter join together to bring growth and opportunity and a huge leap of faith.

If you are reading this email, you are victorious in your life because you are alive and can make change and choice. I went to the service at my church for the longest night on 12/21 and had many more participants than last year. I can only believe that we all were tested beyond our imagination. I believe 2019 offers us the opportunity to accept more than we can imagine if we can surrender our fear and doubt. I will be back in my office on January 2 and will continue to see clients on Saturdays as needed throughout January. This is a natural time to look at your personal astrological GPS so you can plan for progress in 2019. For those of us still processing the loss and shock of 2018, I would be honored to help you develop new perspectives, tools and strategies.

WITH JOY, PEACE, PROSPERITY AND WELLNESS IN 2019;

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