

## GREETINGS:

Get ready to celebrate July, with 2 eclipses and 2 New Moons and welcome the shift of energy from watery emotions to fiery, active creativity. The fast-moving energy of July is a welcome change for all of us.

## NAN'S HOLIDAY WORK SCHEDULE:

Since we are all in a major change cycle this month, I will be taking appointments every day in July, with the exception of July 4<sup>th</sup>. With the winds of change blowing so fast we cannot keep our equilibrium, it may be necessary for you to get an astrological "tune up", and, or process your goals and strategies. Let me know if I can help you.

## JULY ASTROLOGICAL TRENDS:

July begins with a bang as Mars leaves watery Cancer and enters colorful, creative Leo on 7/1, urging us to be more playful and enjoy life at its fullest. For the next 7 weeks we will have more confidence to express ourselves, as well as the courage to take risks. On 7/2 Eclipse Season arrives with the first of 2 New Moons in July. The first (7/2) occurs in watery, home and family loving Cancer, which is also a Solar Eclipse. This New Moon brings us issues related to our emotional needs, as well as our security and sense of belonging. We may find that experiences from deep in our past block us from shining our light in the world. Take time to see where our childhood issues may have eclipsed our adult lives. The Moon meets the North Node of the Moon in Cancer bringing further insight into our emotional lives. With the eclipse intensified with an opposition from Saturn joining the South Node of the Moon, this is an ideal time to bring up past issues for a remodel of our understanding. In other words, we are all pressured to see beyond our awareness into a more profound, realistic look at ourselves and where we have come from and where we want to grow next. On 7/4 Saturn joins the South Node asking us to let go of limiting beliefs and create a new story about our past. The day before, 7/3, my 76<sup>th</sup> birthday has Venus entering Cancer, with no planets now in air signs, making it more challenging to detach from our experience. This is an opportunity to dive deep and take a look with a wider lens.

On 7/7 Mercury makes its 3-week move backward, allowing us to review and revise our life. It is not a good time for surgery, buying cars or appliances, and as we know the electronics devil all of us at this time. Mercury begins its retrograde period in Leo, entering Cancer on 7/19, allowing more emotion to enter our thought processes. During this period (7/7-31) Mercury joins Mars in Leo (7/8), enticing us into aggressive reactivity, or speaking without thinking. This is a time when ego and pride want to take over. On 7/21 Mercury moves into an embrace from the Sun in Cancer, giving us greater illumination in a confusing time. On 7/24, after the Sun moves into Leo (7/22), Mercury and Venus join together so mark your calendar. This is the best day in July to have a peaceful conversation, make a proposal, or try to resolve difficulties of all types. Finally, on 7/31, as the 2<sup>nd</sup> New Moon of July shines, Mercury gets back into the game, arriving at full capability on 8/14.

The Sun in Cancer is connecting with a variety of energies in July. On 7/9 the Sun is opposite mighty Saturn. The Sun is near the North Node, which calls us forward, and Saturn is near the South Node which calls us backward. Talk about the tension of opposites. Navigate this pattern with care, awareness and patience. This is the only time in 2019 we will have this opportunity to allow this depth of understanding and awareness. On 7/10 the Sun and dreamy Neptune in Pisces make a triangle of dream time, peaceful energy available to us, soothing our troubles away. On 7/14 the Sun opposes powerful Pluto, which may put us in touch with fears we have disowned and/or struggles in interpersonal relationships. Power

dynamics become clear at this time. Dig deep into yourself to create a pattern of power sharing with those you struggle with, including the struggle with yourself. Radical acceptance is key. As mentioned above, on 7/21 Mercury joins the Sun before it enters fiery, creative Leo on 7/22, and finally on 7/29, the radical, rebel planet Uranus squares off with the Sun in Leo, bringing us a greater awareness of what we need for living authentically and feeling the freedom we deserve.

Venus, our source of love and values, moves from Gemini to Cancer (7/3) to Leo (7/27). From 7/16-18) Venus is opposite Saturn, moves into the North Node of the Moon, and is balanced by a supportive pattern with Neptune in Pisces. On 7/21 Venus runs into Pluto and joins Mercury (7/24). The first pattern (7/16) occurs at the time of the Full Moon Eclipse, showing us where we need to sacrifice pleasure for results. It is also an important time to make sure your boundaries protect, rather than defend you in relationship to others. The 2<sup>nd</sup> pattern (7/17) urges us to use our loving nature with all we are close to, especially to those who are family or family of choice. On 7/18, make time for an enjoyable activity with those who you are at peace with. It is also a great time for creative activities. On 7/21 it may be a testy time for relationships, so it is not the time for confrontation as we may be needier than usual and risk being seen as demanding and childish. On 7/24 Venus and Mercury dance together bringing pleasure into our minds, as well as our communications with others. Time to heal this day.

Mars is always active when in the element of fire, and July is no exception. Mars joins Mercury on 7/8, urging us to get into conflict. Resist that temptation. On 7/11 there is a very combative combination between Mars and Uranus which may set off a firestorm in our lives. This is a day to be cautious, find your neutral zone, and avoid those who you have volatility with. On 7/25 a peaceful pattern of Mars and Jupiter bodes expansion and relaxation as our energy, motivation and passion increase. There is a surge of confidence and courage, so go for it! Find your wings and go beyond your comfort level. Surprise yourself. From 7/26-7/30 Mars is shaking up the energy of Saturn and Neptune through a Yod pattern which is also called the "The Finger of God". It creates tension as well as genius. If it visits you, remember chaos is the mother of creativity. If we experience challenge during this time we will become very clear about our goals and what actions we need to take to realize them.

#### FULL MOON ECLIPSE ON 7/16:

At this partial lunar eclipse, Saturn, Pluto and the South Node are opposite the Sun in Cancer. This combination brings struggle and/or awareness and a feeling of frustration and delay for many. It is a time to evaluate whether your needs are being met so life can be adjusted to meet your needs realistically. This is a time for you to evaluate what you need for your nourishment and find the courage to ask for it. This is a pattern of opening ourselves to the vulnerability of our needs and desires and going on record with those we are connected to.

#### NEW MOON ON 7/31:

This is the 2<sup>nd</sup> New Moon in July and the 2<sup>nd</sup> Leo Moon in 2019 which is prominent in a change pattern. The first was the "blood moon" of January (21), which was part of a Lunar Eclipse. This New Moon is combined with Mercury moving forward, giving all of us an invitation to begin again. We are asked to actively set our hearts and minds on a newly created life path/ Leo relates to the urges of the heart. This is the time to change your life "in a heartbeat" to honor your deepest desires and unmet needs. *It is time to imagine with passion your way forward. Since the Moon is joined by Venus, this is a great time for improvement in your relationship life. Openhearted Venus asks us to open ourselves to more love in our life. Whatever we*

*are drawn to should be explored. This is a great time to see what truly matters and take a chance on embracing it.*

*As you can see, it is time to open ourselves to more of an authentic life which takes us to the next level of ourselves. We have been at a crossroads most of 2019, and now we are on the new path. Enjoy the journey. Let me know if I can assist you in any way.*

*HAPPY INDEPENDENCE DAY,  
WITH PEACE, LOVE, JOY AND ABUNDANCE*