

MAY 2021 ASTROLOGICAL OUTLOOK

GREETINGS:

The astrological patterns of May 2021 bring us down to earth while the planets are in earthy Taurus balanced by Pluto in earthy Capricorn, and we will switch gears thereafter to the lightness of being and laughter when the Sun joins Mercury and Venus in Gemini on 5/20. The energy of May is dramatic, offering a pivot into new energies that differ greatly from the rest of 2021. With two planets going retrograde (Saturn 5/23 and Mercury 5/29) and Jupiter arriving in Pisces for 3 months (5/13) after a year in detached Aquarius, we may still face emotional triggers and frustration but a lighter period occurs after Mercury (5/5) and Venus (5/10) move into airy Gemini right before the New Moon in Taurus (5/11), ushering in a blooming season for all we plant thereafter. With the increasing influence of Gemini planets, we are moving out of isolation and into fun activities and contact with friends and loved ones. With Mercury going retrograde at month's end, we are well advised to slow down our words and take a breath before we speak.

MAJOR TRENDS IN MAY 2021

MERCURY RULES IN MAY

Following the challenging energies of late April, Mercury leaves serious Taurus after a stabilizing pattern with Pluto on 5/2, which allows us to focus on truth to power, and thereafter on 5/3 Mercury comes home to Gemini, one of the two dual signs in the zodiac. Venus follows the winged messenger on 5/8 as the two personal planets dance around one another, announcing a time of laughter and communication with those who lighten us up. Sadhguru says "One who cannot laugh, cannot meditate. Laughter is a certain exuberance of your energy. Meditation is ultimate exuberance of your energy without physical action". For those of us who are too serious, this is a welcome relief. My great teacher/healer Dr. Otis Thomas wrote me prescriptions for laughter for decades. When he died, I found a rock that says "laugh", and I welcome a light heart when laughter breaks through the reality and pain of life. On 5/10 Mercury joins the North Node of the Moon, illuminating our path for the year. On 5/12 Mercury is stabilized by its trine to Saturn in Aquarius. Bringing about order to our minds, as well as a dose of reality. The only blind spot in our thinking occurs on 5/22 as nebulous Neptune in Pisces lures us into fantasy. After the Solar Eclipse in Gemini on May 26, we will have to deal with Mercurial mishaps from 5/29-6/22.

NEW MOON IN TAURUS MEANS IT IS TIME TO PLANT SEEDS

The New Moon in Taurus occurs on 5/11. This the perfect time to plant new seeds in your life, literally and figuratively. It is time to be practical and creative at the same time. I am currently reading an interesting, hysterically funny book that reflects this pattern: "Dream First, Details Later" by Ellen Bennett. Since jubilant, joyous, generous Jupiter enters Pisces on 5/13, we will be ready to experience a 3-month sample of the creative fire leading us to our bliss. The New Moon in Taurus also offers the possibility of bringing stability back to our sense of "what is". It is therefore a great time to plant seeds and set intentions leading to peace, balance and harmony. Both Pluto and Neptune support this pattern, which should allow us to be in our bodies and finally exhale.

JUPITER ENTERS PISCES FOR A 3 MONTH PREVIEW OF 2022

Jupiter, the planet of expansion and generosity enters Pisces after a year in detached air sign Aquarius. Pisces is the last water sign and is ruled by Neptune, so it represents the most creative and sometimes unconscious part of our nature. This pivot will also bring about a shift from thinking to feeling,

especially since militant planet Mars is now occupying fellow water sign Cancer (4/24-6/12). For the three months that Jupiter occupies Pisces (5/13-7/27), there is a creative surge available to all of us, as grief relief brings gratitude and joy to the surface, after 16 months of loss, shock and chaos. After the season of Jupiter in Pisces ends, we will have a break in this pattern until Jupiter re-enters Pisces on December 29-December 21, 2022.

SATURN IN AQUARIUS TAKES A BREAK (WHICH MEANS HE GOES RETROGRADE)

On 5/23 Saturn goes retrograde until 10/11, helping us reflect on our commitments, responsibilities, and the structures in our lives, i.e., limitations, boundaries, and opportunities for growth in our life. In mid-June Saturn and Uranus make the second of 3 patterns which allow us to see what is outmoded in our life so we can create a new framework for our goals. It is time to reflect and go slower.

ECLIPSE SEASON BEGINS WITH A LUNAR ECLIPSE FULL MOON IN SAGITTARIUS

The eclipse vortex of 2021 opens on 5/26 with a lunar eclipse at the super charged Full Moon in Sagittarius. This Full Moon may reveal new truths that challenge our beliefs which catalyze our emotions, deepen our inner lives, and provide a wider window into our relationships with others. Sagittarius represents our belief systems, as well as our intuition. It is, therefore, time to be open and see what the universe presents symbolically as our flow of energy increases.

MERCURY, THE TRICKSTER THAT MAKES THIS WORLD, GOES RETROGRADE FOR THREE WEEKS IN HOME SIGN GEMINI (5-29-6/22)

To put it mildly information flow, transportation, legal issues, electronics and almost everything goes haywire during this time. Since the city of Houston is a Gemini/Virgo city, the traffic and repairs on the streets make this period a nightmare. I call it "car wars". Messages can go awry, misunderstandings are common, half-truths and deceptions are possible, and misfires of all kinds occur with regularity. Plan ahead for best results. Postpone elective surgery and travel, do not shop for electronics and cars, and never sign a document during this time. It is best to postpone launching significant projects, signing major contracts and buying big ticket items. Allow extra time when going somewhere. This is a great time for investigation and research, finding lost items, finishing old business, cleaning up paperwork, and getting in touch with those you haven't talked to in a while. Old friends show up without warning. Since all 3 of the Mercury retrograde phases occur in air signs (the next one is in Libra), and Mercury is comfortable in air, especially Gemini, there will be more freedom and optimism in our thinking functions. At the end of May the Sun in Gemini joins the North Node of the Moon, lighting our path into June and its change of seasons.

I hope this overview of May helps you plan your activities, inner and outer, and gives you timing that is helpful. If you feel the need for an astrological update or a tune-up in general, I am available by telephone and for in person consultations in my office. I am fully immunized as of Valentine's Day and grateful for my health.

WISHING YOU JOY, LAUGHTER, INCREASED UNDERSTANDING AND PATIENCE AND A LIGHT HEART TO WARM UP YOUR LIFE,

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