

GREETINGS:

We all have been waiting to exhale after a tumultuous summer following a year of upheaval and volcanic change. This is the month we have been holding on to experience. Not only is the Sun and Mercury in practical earth sign Virgo, but the end of the endless summer occurs on 9/22 as the perfect balance of the Libra scales is reflected in the hours of day and night. The lights are balanced so make full use of the energy available to all of us this month.

After sunset, all of the visible planets can be seen with the naked eye, since they are closer to us on Earth. As we feel life moving forward slowly this month, we can be sure the tumultuous season of eclipses and too many retrograde planets in challenging patterns is like a kaleidoscope forming new patterns which will be easier to make sense of and dance with. It is time for all of us to reboot and come up for air. With the Sun in Virgo, it is time to plan, organize, and pay attention to details. Re-prioritization is essential now so we can make the best use of our time. The planet Mars will join the South Node of the Moon and oppose the North Node of the Moon this month and will bring with it the parting of the veils of truth, allowing more scales to fall from our eyes and our blind spots to become smaller. This type of change is destabilizing initially, and it is necessary to seek the anchor in our past storm so we don't feel adrift.

RETROGRADE RELIEF:

With two powerful planets in Capricorn slowing us all down, it is great news that Saturn moves forward on 9/6, giving movement in our careers and projects, as well as lifting our spirits as we climb our own mountain of possibility. At month's end, Pluto, the source of true power, moves back into motion, revealing our new definition of self, the dark night of the soul's gift to our successful struggles. Saturn is retrograde 36% of the year, and Pluto is retrograde 44% of the year. As these two important energy sources join Jupiter, Mercury and Mars, we will find less struggle and more opportunity. Additionally, the planets Uranus and Saturn, the symbols of the future and the past, respectively, form a supportive earth triangle till 9/21. We can surely welcome all the help we can get.

9/7-9/10: A period of new beginnings, unlimited creativity and mental balance are themes we can all welcome. The Sun in Virgo bounces off the planet Neptune in Pisces for a guaranteed walk into the deeper levels of our imagination (9/7). Mercury, now cooling down after way too long in fiery Leo (6/26-9/5) receives support from fellow earth signs Taurus (Uranus) and Saturn (Capricorn). This is a great time to solve problems and make plans for the future, as the New Moon in Virgo arrives the afternoon of 9/9, inviting us to take a realistic look at the needs of our body and seek information and change where necessary.

9/12: As Venus in Scorpio opposes Uranus for the first time from Taurus in 84 years, our values in relationships may give us a preview of the deep needs that will fully emerge in October and November. It is time to break out of entrenched relationship patterns of fear and default rather than desire and freedom. We all need to head to the future. I am recommending an assignment of reading the book "Attached: the new science of adult attachment and how it can help you find-and keep-love" by Levine and Heller. A cliff notes version is attached to entice you [here](#).

9/13 Mercury in Virgo opposes Neptune in Pisces and this is not the day to sign documents or make firm decisions, and of course, try to have successful conflict resolution. Take the day to enjoy yourself and let your imagination soar.

9/15-20: Mercury in Virgo and Pluto in Capricorn return our thinking function back to realism. It is a great time to make plans and communicate them with others. A powerful combination of Mars in Aquarius once again and Uranus in Taurus can cause volcanic eruptions and accident, not to mention conflict during this period. Think and breathe before you speak. Be careful when driving and watch for anger triggering experiences. Themes of the Summer 2018 may re-emerge to test you.

9/22: The Sun moves into relational sign Libra, reminding us we are moving toward the darkness of winter in December. Take care of business while the light is still shining. Take a good look at your relationship

life as the period of Venus retrograde review of them which occurs every 19 months for 6 weeks is coming soon (10/6-11/16).

9/23-30: Mercury and Saturn struggle to stay optimistic on 9/23 and the Moon becomes Full (Harvest Moon) on 9/24. As powerhouse energy Pluto moves forward on 9/30, Mercury collides with Pluto causing some tempers to flare and words to be sharp.

I hope you can see as you read this month's astrology GPS, that all of us have greater choice, freedom and sanity. The planets in earth and air are so much more rational than the water and fire energy of this summer season. This is a great time to make plans, clear out roadblocks, develop greater wellness and optimism. If I can assist you in facilitating any or all of these assignments, it would be a privilege. Let me know if I can help you with my combination of astrology, behavioral science, psychology and mind/body medicine.

WITH GRATITUDE, JOY AND LOVE,

NAN