

GREETINGS!

I hope you are looking forward to an exciting adventure in progress in September. I have been trying to find the words to define the undefinable energy we have begun to experience in the past few days. If you read my email on the New Moon in late August (8/30), you know we are all in for a wild ride and a crash course in reality, release, and acceptance. For those who are willing students, this may be a life changing month. For those who do not want to take the exams with the course, it may be a life changing month. As we begin this square dance of opportunity, I am reminded of a quote of Hemingway given to me by my late friend Jan Smith: "Life breaks us all, but some of us become strong in the broken places." With that in mind, I want to recommend a book that has been life changing for me, as was the book I recommended last month, *The Choice* by Dr. Edith Eva Eger. The book I am recommending this month is "It Didn't Start With You" by Mark Wolynn. If you wonder why strange things you never imagined happen to you, this is the answer to your questions.

The New Moon in Virgo, which occurs on August 30th, is accompanied by two solar wind streams approaching earth (8/27-28 and 9/1-2). The radiation from solar winds has been shown to alter chromosomes, disrupt circadian rhythms, and affect our brain, heart and nervous systems. We will all be breathless from this strong energy and the first 3 weeks, especially the first two weeks, of September are like a kaleidoscope of change and adaptation to the known reality of our lives. I for one, welcome this energy. With that in mind, I hope you will make plans to move forward with enthusiasm and unlimited determination. I don't know about you, but the past 2 years have taught me more about myself than any period in decades. Now we all have the time to put our knowledge in action for the benefit of all of us.

ASTROLOGICAL TRENDS FOR SEPTEMBER 2019:

As September's New Moon energy gets moving, we have most of the planets in earth: Sun, Moon, Mercury, Venus and Mars in Virgo, and Saturn and Pluto in Capricorn. This is an opportunity for all of us to become more grounded, realistic, and determined about the parts of our life we can change. There are two periods of correction in our forward movement when the energy of water (Neptune in Pisces) and fire (Jupiter in Sagittarius) add spice to the recipe. The first two weeks of September, ending with the Full Moon in Pisces (9/14) are loaded with opportunity to release and rewire our lives.

Both Mercury (mind) and Venus (love) are moving into strong positions to expand our options. In the first 2 weeks Mercury blends with Uranus (9/1), Mars (9/3), Saturn (9/5), Jupiter (9/6), Neptune (9/7), Pluto (9/8) and Venus (9/13). If we can forget to worry and find new solutions to old issues, this will be a great time of innovation. Venus is almost as active as Mercury, blending with Saturn (9/1), Jupiter (9/2), Mars (9/3), Neptune (9/4) and Pluto (9/6). There is no way our relationships and money matters will not experience new ideas and realities during these first two weeks. Take time to rest, reflect and seek inner guidance as well as from outside sources. This is truly a time for your innate intuition to guide you. There are no accidents in life and if we ask for guidance, this is a time to get it, sometimes from unusual sources and in unusual ways.

Mars, the planet of courage, determination and ambition, is very active in September, beginning the month in Virgo with the Sun, Moon, Venus and Mercury. It always turns up the heat, sometimes more than we are comfortable with. Mars and Uranus had a positive pattern on 8/28, supporting us to pursue new ways to resolve current issues. Caution and patience are advised as we make our plans. On 9/8 Mars and Saturn form a supportive triangle, allowing us to have strong boundaries and more restraint than usual. There is little temptation to overshare. This will not be so easy on 9/12 as Mars and Jupiter form a

tense pattern that urges less caution and more risk. Resist temptation to take risks where you have already learned your lesson. At the Full Moon in Pisces on 9/14, Mars, the planet of action is in opposition to Neptune, the planet of dreams and impracticality. This is not a day to make decisions or to communicate openly with those you have tension with. On 9/18 Mars and Pluto form a triangle and energize all of your plans with vigor and determination. This coincides with the movement of Saturn, the planet of work, reality, lessons and limits, in forward motion. We are getting unstuck whether we know it or not.

Another day in September which has a powerful pattern is 9/21 when Jupiter and Neptune make their final blend after two years of coming toward one another. Now Jupiter is moving rapidly in fire sign Sagittarius and the fizzle between watery Pisces and fiery Jupiter has moved on. One of the challenges we have faced is whether we need to be right or loving in matters of the heart. Circumstances may occur that urge us to take another look at this issue.

Finally, the Sun moves into Libra, balance and air energy on 9/23, forming a complex, challenging grand cross involving the Sun, Moon, Saturn, Pluto and the Moon's Nodes, announcing the tension mounting in the coming together of Saturn and Pluto next year on 1/12/20. The last week of September has a much more serious energy than the 3 weeks that precede it. Both Mercury and Venus entered Libra ahead of the Sun and have begun to work on correcting our thinking about love and money and what our true values are. Mercury meets Saturn on 9/22 and Pluto on 9/26. This is a time for reflection and reality. Venus joins Saturn on 9/25 and it is time to plan a realistic budget and accept the limits in all of your relationships, including the one with yourself.

As you can see, a time of great opportunity is upon us I hope you can remain optimistic and clear and stay in training for the better days that are ahead. Please know we are all divinely entangled in this journey and if I can help you in any way, please let me know. Have a great Labor Day holiday and know that Fall is coming and bringing us a harvest.

WITH JOY, GRATITUDE, LOVE AND AMAZEMENT!

NAN